

## **MEDICAL MASSAGE Checklist:**

Before we can bill your insurance directly, there is information we need <u>YOU</u> to verify. Please call your insurance company and ask them the following questions. (NOTE: For best results, ask these questions exactly how they are written):

- 1) Do I have Medical Massage coverage in my current policy?
- 2) Do I need to meet my deductible to draw on these benefits?
- 3) Do I need a pre-authorization from my insurance company for Medical Massage to be covered?
- 4) How many visits are covered under my plan?
- 5) Do I need the Medical Massage to be performed by a doctor, physical therapist or chiropractor instead of a massage therapist to get it covered?

## Additional Information you need to know to process your insurance claim:

Massage Therapy must be 'medically necessary' and *must* be accompanied by a prescription.

Diagnostic codes outlining the 'body parts' prescribed for treatment must be obtained by your Doctor, Chiropractor, Naturopath or Nurse Practitioner

Medical Massage is restricted to 50-minutes

\*\*SOMA THERAPEUTICS (d.b.a ALIGN360) does not have a contract with your insurance company - you do! We are willing to bill your insurance directly for your convenience. Should your policy be maxed out or denied, you are responsible for payment. The credit card we have on file for you will be charged within 60 days of your denial notification